

Δευτέρα 23/01

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZYsdu-tqDwrE91wxu3ZH7Iddh6SKCAKe_Y1

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEpfu-vrTosGNzx09nHYn4Z3fxwod9Bf2UW>

- 11:30-13:00 Vinyasa Krama All Levels (Panos live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYpdeqrrTgjGdBnK3oVJOHq-DCiZ-242xct>

- 15:30-16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYlcu6srTosHtSD3xnKVfMFETJLx0i8Pc4F>

- 17:00-18:15 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAVc-2urDIqHtx0bMF1cFxEPWMyaKIHQsOy>

- 18:30-20:00 Vinyasa Krama All Levels (Panos live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZ0ucuquqjliG92vPQ_g_R88LeNapCCvSliQ

- 18:30- 20:00 Yin Yoga All Levels (Katerina live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZMlf-mtrzgvGtcl4Ivdai0G907rUF3ma09f>

- 20:30-22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

<https://us02web.zoom.us/meeting/register/tZMlduCoqDkrHd0eAP2Kb3nT1DL5Kfz2O1pj>

Τρίτη 24/01

- 08:30-9:45 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZwuc-iuqTgtG9PrvNjInRiFX9dpWqKq07>

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZEsduyqgTwoHtZrHyZHO7oWW_3Aqm9qzwVw

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAkcuGtpj4pHt1WXkV1ZMwi261FQk1YUnZG>

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZ0lduyhqzmqEtQhC8D_Ehq4aKj7TGZ2z0z7

- 17:00-18:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZYtccuupzgpHtPc3mi8nanqzSZykeOxi9j->

- 18:30 -20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

https://us02web.zoom.us/meeting/register/tZErceCuqTlvGdGIwI7ND4X6KH1_PxkuavgJ

- 20:30-22:00 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwpdeigpzgpHtRV3I-0VQHjFFqYywrejLGJ>

Τετάρτη 25/01

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwsd-2gqjMvGtHGo-9TekFdvqSeDIJcY9-p>

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEvdOmvrDMoGtJk5FCxkvDtzUY7kg8Hv8Rg>

- 11:30-13:00 Vinyasa Krama All Levels (Panos live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYtdeGgrT4vHtTdOuDxPhgbEyrLZmzO8Kf5>

- 15:30-16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYtfumuqz4rE9QzINWKfdVzeHLITjIGOvme>

- 17:00-18:15 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYrfuivpz8vGtDKT6Myh6ntJDdPoq0tTjyL>

- 18:30-20:00 Vinyasa Krama Level 1-2 (Katerina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEsf-6hbj8tG9YSXZKmebTQny1MJpCCZM4s>

- 20:30-22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

https://us02web.zoom.us/meeting/register/tZcrc-utrT0sHtb0EeKZvRrozqenQ_PuCjJS

Πέμπτη 26/01

- 8:30 - 9:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZElduCpqDMvGNDKAvCgl8-oOZtGmqd2cr7m>

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZcqdu2gqDgpGNExXXYOIDLHicgQ3bGVDVgy>

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZETd-yvqzkuG9df3AAEznNaqk0DgXm-c-bC>

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0pceCupj8rEtfF79dr7BsCdk2uR9vd83R3>

- 17:00-18:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZcscu2hqTkpH9SffXfU5NoaB-8FnyQEEQMR>

- 18:30-20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZwsceyhpkpH9xfhrP1dXgkUDojCWuo5aY>

- 20:30-22:00 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAoc-qsqTIsG9CUdfcJ8wAVy0liZnL4OoQg>

Παρασκευή 27/01

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0oduipqT0vHNXX-HbrtVHSxRO-2OT71eko>

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZMvdO2ppjgsH9Kfm-xG3r5UVPNP4EF_sQxJ

- 11:30-13:00 Vinyasa Krama Level 2 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZcrdeqrqjovHdJ93JhX-AXvSkuEyLNozbEq>

- 16:30- 17:45 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZ0pc-irrT4oGtPQF7BLXRMR68Y_eBw86GzV

- 18:00- 19:15 Vinyasa Krama Level 1 (Anastasia K. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZ0tdOCurzgrHdKGe1NPRReGrg_90gKufO1Vj

- 18:00- 19:15 Prenatal Yoga (Maria live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZUrde2rj8qH92Y4rOTiVpTsLqG-IL3XQyU>

- 19:30- 21:00 Vinyasa Krama All Levels (Maria live studio N. Ionia)

https://us02web.zoom.us/meeting/register/tZMkce-qrzwwHtEYez_6ypdDyFK3UB08AA_Q

Σάββατο 28/01

- 10:30- 11:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZMvcOiprzgpEtwt0T0w986JVnq7vRfg_tKM

- 12:00- 13:30 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAtdEisqT4oEtzxnvc4G03taXwRfCJaVCma>

Κυριακή 29/01

- 11:00-13:00 Sunday class