

Δευτέρα 03/10

- 08:00- 09:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZUrdumprzstE9Irsrn0JYLT1KGHVon_3Swz

- 9:30- 11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZMlfu6srjwvE9CLvU8YCUx-iwADN6h3bM2E>

- 11:30- 13:00 Vinyasa Krama Level 2 (Panos live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUqdu6grTgqG9KvEVffLCchDRWPResnHzw>

- 15:30- 16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAvdO-grjMvHNUa3WBT57BhOd8wPhOehtdx>

- 17:00- 18:15 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEvf-2rqD0sH9eEAw6ymMGMt8hZCfFOAJPF>

- 18:30- 20:00 Vinyasa Krama Level 2 (Panos live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYpfu-uqjkrG92iWG3eINhQUJsbZdgs5O9X>

- 18:30-20:00 Yin Yoga All (Katerina live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZUuf-6qqj0oGdB2QV4Ckc2OTkMDDFEPDMXC>

- 20:30- 22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

<https://us02web.zoom.us/meeting/register/tZYIf-yppjosG9Yj-pDngKEUwZAxlaVkeK6d>

Τρίτη 04/10

- 08:30-9:45 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZckcOmorzkqE91wcFO0F9iQNA6qSsyYc3M->

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYrfu6pqjMjHNW0KhRVU6I8sMN80PXltqTp>

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZMkcuGqqDspHtcnDNIG5wy36Z_0jDLSa8Ij

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZYvceCpqTlpHNbjC_1Go2qPrHF8K61Crj4r

- 17:00-18:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZUrcOivrz0rG9wlpakbXSvTWqnfjghiko6Z>

- 18:30 -20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZwvcumtrjMtHNSwWMr3A6054ed6GWinYALb>

- 20:30-22:00 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZlpce6sqj8qEtVxSYwUtnlXKJuOpWsdp3fj>

Τετάρτη 05/10

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZcvcOyuqTwrEtAzQq0zkGA_pe_byAnk3VWU

- 9:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZcld-GhqzMpH9eJA6q3_HVI99rTA_ckv7Ai

- 11:30-13:00 Vinyasa Krama Level 2 (Panos live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZlqf-uhrT0sGtSeZmSJ06SQxsQs2-VQ3Ev1>

- 15:30-16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUtf-2srTgtH9zkn5x7OntWsQB3-kx1dXxt>

- 17:00-18:15 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwsceyrpjpgGtbvIV5hs0QLae2A1zQbm4yJ>

- 18:30-20:00 Vinyasa Krama Level 1-2(Katerina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZMkfuiuD0sHdyXIH5ZI99ZGHEa8cCGIOBH>

- 20:30-22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

<https://us02web.zoom.us/meeting/register/tZApCuuvrjgvG9GlcV6IFtVnW2gwbNqA8xlp>

Πέμπτη 06/10

- 8:30 - 9:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZ0qdeCvrTgiH9CLk2uaZ1I49McJ04EL7wH4>

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYvdOCvpzWqEtZsb1-rAll8QvZ1DIYlodSu>

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZcRd-6qqzMuE9cN4UoIX658uZgtO8IMxxED>

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZYqf-CrQD4oG9zZzXO5iMkg_pZGaNUxbNf3

- 17:00-18:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZlVf-6rqz0tHtNABIUdkB8WSzwtPfmRialh>

- 18:30-20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZYlf-uupjsvHtKWYGwyvTFYCTu2TjQmPF-Y>

- 20:30-22:00 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUrc--grDwrH9XLJBACJZkuUayy7oBFCEpS>

Παρασκευή 07/10

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUsf-qhqD0jEtJi17tw9V2va6u22eN7EwBI>

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwrDmvpzkuEtzNinKKylsL4HFVxB7qD7q>

- 11:30-13:00 Vinyasa Krama Level 2 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0lduCsrdkrE9aDGoxjFlt8bTTmcsNK1sW>

- 16:30 - 17:45 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZ0kduyrqz0rHdMQqHVnBC_UTYaBOo4LhU4s

- 18:00-19:15 Vinyasa Krama Level 1 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0tfuypqT0rHNvhd19Htp2cjBqqrTZs5kLt>

- 18:00- 19:15 Prenatal Yoga (Maria live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZMlc-igrT8oGNab9refHs6436jWNpKOeOdw>

- 19:30-21:00 Vinyasa Krama All Levels (Maria live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZlkdOyorTwsG912ZoMR7WbbmrakMTdCWOPX>

Σάββατο 08/10

- 10:30 - 11:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZYucuiorz0jHtfvqndYph9Rr9uBRcUe27q3>

- 12:00-13:30 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZ0tdO6rpzMpEtJ70wQTo3AKqQDYz_i78TLp