

Monday

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEkc-msqjlqGdAhWg2TDqwUYhLv-8XZpqsG>

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZloc-CpqzgsHNcq5a6SCumTNMwuoiRLbg7g>

- 11:30-13:00 Vinyasa Krama All Levels (Panos live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZlsf-urrrMvEtz_k8AwNu4EprDrRLQDfvEf

- 15:30- 16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZApCuytqzopHtxQgac0eDa7AwOeoorGz43R>

- 17:00-18:15 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZMrcOupqD8rEt340hnEKxJ_KVVBczGjIC8U

- 18:30-20:00 Vinyasa Krama All Levels (Panos live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZEucOyorjMiGd2Jsdxvza8du_GSX4_rSxnX

- 18:30-20:00 Vinyasa Krama Level 1 (Maria D. live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZUof-GqpjovHNVC30HJsDY8Km3aW2QF0Q0m>

- 20:30-22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

<https://us02web.zoom.us/meeting/register/tZlsc-qhpj8jG9VKjpeuQlaCkPa4m8Ogwpan>

Tuesday

- 8:30-9:45 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZlud--rqzkiGtKBjjjM0ggRsiCPaoF3IOEW>

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUfuiqqDsjGdTnWN9m03IPcUpLBdoqS3BI>

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEtfuChqjkuEtQGpTwK5c2IMmDIG8awQzX2>

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0qdO6rpzgvEtxGAIVXz0WuFT4ng2LKLgUs>

- 16:30-17:30 Prenatal Yoga (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZAoceioqzMpGNcW__Ap38rIbTTUFhY0U2_T

- 17:00-18:15 Vinyasa Krama Level 1 (Nadia live studio Patras)

https://us02web.zoom.us/meeting/register/tZ0tceGrpj4iE9PtSHJ4q2yDh_NZ4nLdLw2X

- 18:30 -20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZUpceGvqDkuHtFribfwFO9q4JC0LNzUI67Z>

- 20:30-22:00 Vinyasa Krama Level 1-2 (Elli-Anna live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZlIdu-rqTlrGNCEvsSSdDeuJs_Ula2cpmK8

Wednesday

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEkc-msqjlqGdAhWg2TDqwUYhLv-8XZpqsG>

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZlloc-CpqzgsHNcq5a6SCumTNMwuoiRLbg7g>

- 11:30-13:00 Vinyasa Krama All Levels (Panos live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZlSf-urrzMvEtz_k8AwNu4EprDrRLQDfvEf

- 15:30- 16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAPcuytqzopHtxQgac0eDa7AwOoorGz43R>

- 17:00-18:15 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZMrcOupqD8rEt340hnEKxJ_KVVBczGjlC8U

- 18:30-20:00 Vinyasa Krama Level 1-2 (Katerina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUqce-qjq0rH9CU89EJkPLFpZNlaOVUWjfe>

- 20:30-22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

<https://us02web.zoom.us/meeting/register/tZlsc-qhpi8jG9VKjpeuQlaCkPa4m8Ogwpan>

Thursday

- 8:30-9:45 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZlud--rqzkiGtKBjjjM0ggRsiCPaoF3IOEW>

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUfuiqqDsjGdTnWN9m03IPcUpLBdoqS3BI>

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEtfuChqjkuEtQGptwK5c2iMmDIG8awQzX2>

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0qdO6rpzgvEtxGAIVXz0WuFT4ng2LKLgUs>

- 17:00-18:15 Vinyasa Krama All Levels (Nadia live studio Patras)

https://us02web.zoom.us/meeting/register/tZ0tceGrpj4iE9PtSHJ4q2yDh_NZ4nLdLw2X

- 18:30-20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZUpceGvqDkuHtFribfwFO9q4JC0LNzUI67Z>

- 20:30-22:00 Vinyasa Krama Level 1-2 (Elli-Anna live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZlIdu-rqTlrGNCEvsSSdDeuJs_Ula2cpmK8

Friday

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEkc-msqjlqGdAhWg2TDqwUYhLv-8XZpqsG>

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZloc-CpqzgsHNcq5a6SCumTNMwuoiRLbg7g>

- 11:30-13:00 Vinyasa Krama Level 2 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwvfuyppz0sGt1-1WGNzMtJMF4fAzpJjbd5>

- 16:30- 17:45 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0sd-6oqzljE9NI7gwZux2LA0e3TQutEANS>

- 18:00- 19:15 Vinyasa Krama Level 1 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0rdeChpzMvHN1KRKOpb9xWGBIWH3uM9aI->

- 18:00-19:15 Prenatal Yoga (Maria live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZwsf-upqDojG9ZspluJPGt5800pz-k1Ob39>

- 19:30-21:00 Vinyasa Krama All Levels (Maria live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZMpd-mrrz0jH93XHvqbgOyhr94goWwfJYJj>

Saturday

- 10:30-12:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0qc-2rrD8qE9bvflJPbiVBtbEt4tRqC-Su>

- 12:00-13:30 Vinyasa Krama Level 1-2 (Maria S. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZYtfu-oqDIqGNND6Pry9bSJBumfQ5_DAhL