

Δευτέρα 19/09

- 08:00- 09:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZlVfuiqpz4qH9UEab05C7VEhCcE36SGdDAf>

- 9:30- 11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZMlcuqpqT0jGtHEufRaB3UQaldfVMVdF_Mn

- 11:30- 13:00 Vinyasa Krama Level 2 (Panos live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZMocumsqTkqH9NoqhUZhiet2iSHBlsh99Kd>

- 15:30- 16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEkdeiqqTltHdK4zrFcvy5tbS2iJs8T1lIm>

- 17:00- 18:15 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZ0ud-2vrzsiG9KZjVABKtKXkMO-j2Ob218W>

- 18:30- 20:00 Vinyasa Krama Level 2 (Panos live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZcocOivqjwsGtQZr_xRpn8jAK70sUVZwK-y

- 18:30-20:00 Yin Yoga All (Katerina live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZMocOyggT4uGt1oMxtZZJNRe8qevLzFp3ER>

- 20:30- 22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

<https://us02web.zoom.us/meeting/register/tZ0rdOutqj8pGNfL1xPRC3czfxheQC7it0CD>

Τρίτη 20/09

- 08:30-9:45 Vinyasa Krama All Levels (Nadia live studio Patras)

https://us02web.zoom.us/meeting/register/tZwodeusrDMqGtGvzJ6ik4JV5D8sSqt1Qvs_

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAkduuhpj4vE9dE2UIWUqU9z6645tkiLpFR>

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZcof-6oqz8oHdJKPh5leEcJW_51YMWlcJ2Y

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUkdu-ugDIqGd1ZFyaTCobfqxll1hQ3ZhQB>

- 17:00-18:15 Vinyasa Krama All Levels (Nadia live studio Patras)

https://us02web.zoom.us/meeting/register/tZUud-mvpzotG9US_kvY3mOgdv8RXYIjXEYj

- 18:30 -20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

https://us02web.zoom.us/meeting/register/tZEsd-quqzMrGNyMrri98Wd_yViI6QNdANh

- 20:30-22:00 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAscO-grD8pG9zerA0xMA7SHwmMqcw4mxgP>

Τετάρτη 21/09

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwkcU2trTksG9ltPUyxtLno4dHXh-W4ahTS>

- 9:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZUvceiuqz4jHdbD7G8ZUv0NdQgy4g7aPVlg>

- 11:30-13:00 Vinyasa Krama Level 2 (Panos live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwpc-CorDkpH9XEOisSrECaVfrVsrLvg8nj>

- 15:30-16:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZwvcuyhqzstHdaO0aNr31p_nOJZ3JIGaVCn

- 17:00-18:15 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZAscuCpjsvE9Jx7eE3NPRgk9NVNwykbF1p>

- 18:30-20:00 Vinyasa Krama Level 1-2(Katerina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwvdu2prDwrHNG9y0H5PUfYmjKG50zegVZW>

- 20:30-22:00 Vinyasa Krama Level 1 (Alkistis live studio Patras)

https://us02web.zoom.us/meeting/register/tZElduugqDsoGtVvY_m6Pgr7AID9F7Jprz5y

Πέμπτη 22/09

- 8:30 - 9:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZUoduyqqj0qGtVHeggJRZARSNruKxrRtWvY>

- 9:30-11:00 Vinyasa Krama Level 1 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZYqde-opzwiHdeCYBdanskPfk_ptwbNQaG9

- 11:30-13:00 Vinyasa Krama Level 1-2 (Maria live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZYkd-uhpj4vHNx5nr1_cblav-RJJoMqjU2S

- 13:30-15:00 Vinyasa Krama Level 2-3 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwtfuqqqDwrHdLRq2I5yBTT910HE6b3y7sL>

- 17:00-18:15 Vinyasa Krama All Levels (Nadia live studio Patras)

<https://us02web.zoom.us/meeting/register/tZMrc--opj4oG9asAC7wNIKPaO9okN5nxwRw>

- 18:30-20:00 Vinyasa Krama All Levels (Anastasia D. live studio N. Ionia)

https://us02web.zoom.us/meeting/register/tZcucOCtrjMqG9HPFiV7C-pjV_AUQ76i7ASD

- 20:30-22:00 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZUqcOCtpjlsGN3NgNpRnSFxdjwL_8iYxi9Q

Παρασκευή 23/09

- 8:00-9:15 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZckduCoqzlpGty1rUsTUur_CL1O1XL4q0H9D

- 09:30-11:00 Vinyasa Krama Level 1-2 (Anastasia T. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZwscOuhrz0oHNCIK8Hz3fJM19X1ReESXluq>

- 11:30-13:00 Vinyasa Krama Level 2 (Emiliana live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEsfumhqzoiG9TEK9ft5YjYXgrhA3aqwC0f>

- 16:30 - 17:45 Vinyasa Krama Level 1-2 (Marina live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZERdu6prT0rHtO_zmEMTqjWQfHCxXnApDuj

- 18:00-19:15 Vinyasa Krama Level 1 (Anastasia K. live studio Exarchia)

https://us02web.zoom.us/meeting/register/tZUtdO6sqzoiH9EqdGHmLITF6_7F6zkQVZon

- 18:00- 19:15 Prenatal Yoga (Maria live studio N. Ionia)

https://us02web.zoom.us/meeting/register/tZclf-uuqDsqtB0fftXnHRZU_ZwiAst2Zr_

- 19:30-21:00 Vinyasa Krama All Levels (Maria live studio N. Ionia)

<https://us02web.zoom.us/meeting/register/tZ0kcOiuqTsuHNdIF4179mdJlrSUs3FgUvyp>

Σάββατο 24/09

- 10:30 - 11:45 Vinyasa Krama Level 1 (Marina live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZEkd-uhrj0qGtKqTGaxefUPhrpW7C4Rwx2R>

- 12:00-13:30 Vinyasa Krama Level 1-2 (Anastasia K. live studio Exarchia)

<https://us02web.zoom.us/meeting/register/tZckdO6ppzkrHtBiNvOAMXAIDrzfsQPQFgCy>